

himself, and is lost. Our Father.

7. Is cruelly scourged at the pillar, and receives innumerable blows. Our Father.

8. Is crowned with thorns, shown to the people, who cry, Crucify him! crucify him! Our Father.

9. Is condemned to die, carries the heavy cross with grievous pain upon his shoulders to Mount Calvary. Our Father.

10. Is crucified between two thieves, dies after three hours' most painful agony, is wounded in the side with a lance, and is buried. Our Father. Add Eternal rest, &c. if said for the departed.

Jesus rises the third day, and visits first of all his most holy Mother, Mary. Hail Mary.

1. Appears to the three Marys, and bids them tell the disciples they have seen him risen from the dead. Our Father.

2. Appears to the disciples, shows them his most holy wounds, makes Thomas touch them. Our Father.

3. The fortieth day after his resurrection blesses most holy Mary his Mother and all his disciples; then ascends into heaven. Our Father.

Let us pray to the most holy Virgin to obtain for us also the blessing of her Divine Son Jesus Christ, now and at the hour of our death. Hail Mary.

Add Eternal rest, &c. if said for the departed.

Let us say "I believe," &c. in honour of the holy Apostles.

End with the prayer said to be St. Augustine's:

O merciful Redeemer and God of infinite patience, great is my confusion at appearing in thy divine presence, because I have a frequently preferred contemptible creatures before thee, the Almighty Creator of the universe. I utterly detest my presumption in sinning in thy most pure sight. I acknowledge that I am a criminal, and I plead guilty at the bar of thy dread tribunal. Thou might have been glorified in thy justice, by striking me suddenly dead, and by condemning me to eternal flames for the base indignities I have offered thee; but thou was pleased to be glorified in the high prerogative of thy mercy, by recalling me to repentance. I abhor all my crimes of thought, of word, and of deed, not merely for the fear of punishment and for the hope of reward, but chiefly for thy sake, and because thou do infinitely detest them. O God of majesty and mercy, look upon the sacred marks in thy hands, feet, and side, which thou do still retain in thy glorified body, that they may plead in my behalf. By that tender love which induced thee to create, to redeem, and to sanctify me, unite thy infinite merits to my profound misery. Strengthen my weakness, confirm this my resolution of never more offending thee; rather let me lose every thing, even life itself, than lose thy favour by mortal sin. My heart was created for

thee, and I love thee better than myself. Every day of my life, and especially that on which I shall expire, I will strive to love and to serve thee for thy own sake, my God and my Creator. O Saviour of perishing mankind, who opens thy hand, and fills every creature with benediction, give me now such a blessing as thou did bestow on thy beloved disciples, when ascending in triumph from the mountain of Olives, that I may live and die in these happy dispositions. Amen.

Say thrice every day, with a desire of obtaining a good death for all members of the congregation, the Lord's Prayer and Hail Mary, and once the following prayer:

"Lord, into thy hands I commend my spirit, and all those who are or shall be in the agony of death. Mary, Mother of grace, Mother of mercy, defend us from the enemy, and receive us at the hour of death. Amen."

Plenary Indulgence (1) once a year on any one day to any one who, after Confession and Communion, shall have made a practice of saying it at least four times a week; (2) once a month to any one who shall have said it every day for a month, and shall then, being penitent, after Confession and Communion, pray for the usual intentions; (3) in the article of death to any one who, being penitent and having confessed, shall then invoke, at least with his heart if he cannot do so with his lips, the most holy name of Jesus, provided he has said the above-mentioned Chaplet once during his illness with the intention of gaining this indulgence.

THREE ASPIRATIONS: "JESU," &c.

In order to increase the devotion of the faithful to Jesus and Mary by invoking their most holy names, together with the name of St. Joseph, for the purpose of recommending to them the last moments of this life, on which our eternity depends, Pius VII., by a decree of the S. Congregation of Indulgences, dated April 28, 1807, granted an indulgence of 300 days to any one, as often as he says devoutly, and with a contrite heart, the three following aspirations:

Jesus, Joseph, Mary, I offer you my heart and my soul. Jesus, Joseph, Mary, assist me in my last agony. Jesus, Joseph, Mary, may I breathe forth my soul with you in peace.

If but one of the above is recited, then the same Pope granted to the reciter 100 days' Indulgence.

ANOTHER ASPIRATION.

Indulgence (1) fifty days every time any one says the following aspiration of St. Jerome Emiliani; (2) plenary to any one who says it at least once a day for a year, to be gained once only, on the feast of the saint, July 20, or during its octave, provided that, after Confession and Communion, he visit some church, and pray there according to the intention of his Holiness.

My sweetest Jesus, be not to me a Judge, but a Saviour.

PATH TO HEAVEN: JANUARY

Holy Childhood - Epiphany - Holy Name

The Mysteries of the Sacred Infancy

To be used during the Christmas season, or at any other time.

V. O come to my aid, O God.

R. O Lord, make haste to help me.

Glory be to the Father, &c. Our Father, &c.

I. The Incarnation.

O most sweet infant Jesus, who for our salvation did descend from the bosom of the eternal Father into the womb of the Virgin Mary, where, conceived by the Holy Ghost, thou did take upon thee, O Incarnate Word, the form of a servant: have mercy upon us. V. and R. Have mercy, &c. Hail Mary, &c.

II. The Visitation.

O most sweet infant Jesus, who by means of thy Virgin Mother did visit St. Elizabeth, and filling thy forerunner, St. John Baptist, with the Holy Spirit, did sanctify him from his mother's womb: have mercy upon us. V. and R. Have mercy, &c.

III. The Expectation of the Birth.

O most sweet infant Jesus, who for nine months enclosed in the womb did wait for the time of thy birth, and did meantime inflame the heart of the Virgin Mary and St. Joseph with most ardent longings, and did offer thyself to God the Father for the salvation of the world: have mercy upon us. V. and R. Have mercy, &c.

IV. The Holy Nativity.

O most sweet infant Jesus, born of the Virgin Mary in Bethlehem, wrapped in poor swaddling clothes, laid in the manger, glorified by angels, and visited by shepherds: have mercy upon us. V. and R. Have mercy, &c.

O Jesu! born of Virgin bright,

Immortal glory be to thee;

Praise to the Father infinite,

And Holy Ghost eternally.

V. Christ is at hand.

R. O come, let us worship him. Our Father, &c.

V. The Circumcision.

O most sweet infant Jesus, circumcised when eight days old, and called by the glorious name of Jesus, and proclaimed, both by thy name and by thy blood, to be the Saviour of the world: have mercy upon us. V. and R. Have mercy, &c.

VI. The Adoration of the Kings.

O most sweet infant Jesus, who were manifested to the three kings, who worshipped thee as thou did lie on Mary's breast, and offered to thee the mysterious presents of gold, frankincense, and myrrh: have mercy upon us. V. and R. Have mercy, &c.

VII. The Presentation.

O most sweet infant Jesus, presented in the Temple by the Virgin Mary, embraced by the holy old man, Simeon,

and revealed to the Jews by Anna the prophetess: have mercy upon us. V. and R. Have mercy, &c.

VIII. The Flight into Egypt.

O most sweet infant Jesus, whom Herod sought to slay, carried by St. Joseph with thy Mother into Egypt, saved from death by flight, and glorified by the blood of the holy innocents: have mercy upon us. V. and R. Have mercy, &c.

O Jesu! born of Virgin bright,
Immortal glory be to thee;
Praise to the Father infinite,
And Holy Ghost eternally.
V. Christ is at hand.

R. O come, let us worship him. Our Father, &c.

IX. The Sojourn in Egypt.

O most sweet infant Jesus, who did dwell as an exile in Egypt for seven years, where thou uttered thy first words, and, loosed from thy swathing hands, did first begin to walk upon this earth, and, in the destruction of the idols, did work in a hidden manner thy first miracles: have mercy upon us. V. and R. Have mercy, &c.

X. The Return from Egypt.

O most sweet infant Jesus, who when Herod was dead was recalled out of Egypt into the land of Israel, and did in the journey suffer many fatigues and hardships, and were carried back by Mary and Joseph to the city of Nazareth: have mercy upon us. V. and R. Have mercy, &c.

XI. The Life in the Holy House.

O most sweet infant Jesus, who in the holy house of Nazareth did dwell most holily, and did pass thy life in obedience, poverty, and toil, and as thou increased in years did manifest to God and men signs of wisdom and of grace: have mercy upon us. V. and R. Have mercy, &c.

XII. The Disputing with the Doctors.

O most sweet infant Jesus, who were taken to Jerusalem when twelve years old, were lost by thy parents, and sought for by them with sorrow, and after three days were found, to their exceeding joy, with the doctors in the Temple: have mercy upon us. V. and R. Have mercy, &c.

O Jesu! born of Virgin bright, &c.

V. Christ is at hand. R. O come, let us worship him. Our Father, &c.

During the Year:

V. The Word was made flesh.

R. And dwelt amongst us.

At Christmas and during the Octave add, Alleluia.

At the Epiphany and during the Octave:

R. Christ hath manifested himself unto us. Alleluia. V. O come, let us worship him. Alleluia.

A almighty and everlasting God, Lord of heaven and earth, who did reveal thyself to little ones, grant, we

beseech thee, that while we duly celebrate and honour the most holy mysteries of thy Son, the infant Jesus, and worthily strive to imitate them, we may arrive at that heavenly kingdom which thou has promised to little children; through the same Jesus Christ our Lord, who lives and reigns with thee in the unity of the Holy Ghost, God, world without end. Amen.

Say, Eternal rest give to them, &c., three times for the souls in purgatory who were devout to the infant Jesus, and one Hail Mary for the intention of the promoter of this devotion.

A Plenary Indulgence on the 25th day of every month to those who, being truly contrite and having confessed and communicated (Received Holy Communion), should recite, in any church or public oratory where the exercise in honour of the infant Jesus is practised, the above prayers, venerating at the same time the twelve mysteries of the Sacred Infancy, and praying for the intention, of his Holiness; and 300 days, once a day, for reciting the same in private. Both applicable to the souls in purgatory.

THE HOLY NAME OF JESUS

CHAPLET OF OUR LORD.

This is called the Chaplet of our Lord, because it is said in honour of Jesus Christ, and is composed of thirty three Pater noster (Our Fathers), in remembrance and veneration of the thirty-three years which he lived on the earth; to these are added five times Ave Maria (Hail Marys) in honour of his five most holy wounds; the first three of which are said, one at the beginning of each of the three sets of ten Pater noster, and of the two remaining, one is said previous to reciting the three concluding Pater noster, and the other after them. The Chaplet finishes with the Credo in honour of the holy Apostles, its composers, and which itself contains an epitome of the Birth, Life, Passion, and Death of our Divine Lord Jesus Christ. Every one saying the Chaplet must, according to his capacity, meditate on the mysteries of the life of our Lord Jesus Christ; but it is not necessary to use these reflections, which are only added as a help.

Act of Contrition.

FIRST DECADE.

The Archangel Gabriel makes known to the Blessed Virgin Mary the Incarnation of the Divine Word in her pure womb. Hail Mary.

1. The Son of God made man is born of Mary the Virgin in a stable. Our Father.
2. The angels rejoice, and sing Gloria in excelsis Deo. Our Father.
3. The shepherds hear the angels' tidings, and come and adore him. Our Father.
4. He is circumcised the eighth day, and called by the most holy name of Jesus. Our Father.
5. Is adored by the Magi with offerings of gold, frankin-

cense, and myrrh. Our Father.

6. Is presented in the Temple, and foretold to be the Saviour of the world. Our Father.

7. Flies from the persecution of Herod, and is carried into Egypt. Our Father.

8. Herod finds him not, and murders the innocents. Our Father.

9. He is carried hack by Joseph and his Mother into Nazareth his home. Our Father.

10. Disputes in the Temple with the doctors, being twelve years old. Our Father.

Add Eternal rest, &c. if said for the departed.

SECOND DECADE.

Jesus is most obedient to the Blessed Virgin his Mother, and to St. Joseph. Hail Mary.

1. When thirty years old, he is baptized by John in Jordan. Our Father.

2. Fasts forty days in the desert, and overcomes the tempter. Our Father.

3. Practises and preaches his own holy law, whereby is life eternal. Our Father.

4. Calls his disciples, who forthwith leave all and follow him. Our Father.

5. Works his first miracle of changing water into wine. Our Father.

6. Heals the sick, makes the lame to walk, gives hearing to the deaf, sight to the blind, life to the dead. Our Father.

7. Converts sinful men and sinful women, and pardons their sins. Our Father.

8. When the Jews persecute him even unto death, he chastises them not, but sweetly chides them. Our Father.

9. Is transfigured on Mount Tabor, in the presence of Peter, James, and John. Our Father.

10. Enters triumphant into Jerusalem sitting on an ass's colt, and drives the profaners from the Temple. Our Father.

Add Eternal rest, &c. if said for the departed.

THIRD DECADE.

Jesus takes leave of his most holy Mother before he goes to die for our salvation. Hail Mary.

1. Celebrates the Last Paschal Supper, washes the Apostles' feet. Our Father.

2. Institutes the most holy Sacrament of the Eucharist. Our Father.

3. Prays in the garden, sweats blood, and is comforted by an angel. Our Father.

4. Is betrayed by Judas with a kiss, is taken and bound as a malefactor. Our Father.

5. Is falsely accused, is buffeted and spit upon, and shamefully used before four tribunals. Our Father.

6. Looks tenderly on Peter after he had thrice denied him, and converts him; while Judas despairs, hangs